

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
	<b>NO School MLK Day</b>	1.5 oz	Chicken Fillet (4516)  <b>or</b>	2 oz	Chicken Nuggets (5 ea)(15150)  <b>or</b>	2 oz	Spaghetti w/Meatsauce (3/4 c)  <b>or</b>	2 oz	Turkey & Cheese Sand  <b>or</b>
		2 oz	Turkey & Cheese Sand	2 oz	Steak (5145)w/Gravy (1949)	2 oz	Beanie Wieners (3/4 cup)	2 oz	Ham & Cheese Sand
		¼ c	Tater Tots (3609)	¼ c	Creamed Potatoes (7766)	¼ c	Toss Salad (1/2 c)	¼ c	Lettuce & Tomato (1/2 c)
		¼ c	Lettuce & Tomato (1/2 c)	¼ c	Peas (7701)	¼ c	Green Beans (7534)	¼ c	Onion, Pickle Spear (6700)
		¼ c	Onion, Pickle Spear (6700)	¼ c	Carrots (7480)	¼ c	Corn (3356)	¼ c	Cucumbers/ Bell Peppers
		¼ c	Baked Beans (7719)	¼ c	Broccoli (6424)	¼ c	Swiss Vegetables (3489)	¼ c	Jalapeno Peppers (3170)
		¼ c	Baby Carrots (6560)					¼ c	Baby Carrots (6560)
		1 c	Apple (1 ea) (6686)	½ c	Mandarin Oranges (1534)	½ c	Pineapples (1588)	½ c	Peaches (1504)
		½ c	Peaches (724)	½ c	Tropical Fruit (1502)	½ c	Manager’s Choice	½ c	Grapes (14)
		2	HB Bun (17858)	1.5	Roll (8140)	2	Bosco Stick (1)(4290)	2	Hoagie Bun (19009)
		2	Loaf Bread (2270)						Chips Assorted
			Ranch Cup(7225), Mustard (3020), Mayo (6881) Ketchup (73)		Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911)		Dressing		Ranch Cup(7225), Mustard (3020), Mayo (6881)
			<b>2nd Choice</b>		<b>2nd Choice</b>		<b>2nd Choice</b>		<b>2nd Choice</b>
		1 ea	Salad Bar(2 ¾ c veg)	1 ea	Salad Bar(2 ¾ c veg)	1 ea	Salad Bar(2 ¾ c veg)	1 ea	Salad Bar(2 ¾ c veg)
		¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)
		½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup
		2 oz	w/Crackers(6 pks) (11017)	2 oz	w/Crackers(6 pks) (11017)	2 oz	w/Crackers(6 pks) (11017)	2 oz	w/Crackers(6 pks) (11017)
		2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese
		8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
			<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>
		1	Cereal (1oz)	2	Biscuit (2.2 oz) (3759)	2	Biscuit (2.2 oz) (3759)	2 oz	Biscuit (2.2oz)(3759)
		1	French Toast (13620) w/Syrup ((7302)	1	Sausage (1ea) (4754)	1	Chicken Patty (1.9 oz) (15778)	¼ c	Egg (3726) Bacon(3076)
		1	Yogurt (4 oz) (SB 252)(Cherry 255)	½ c	Applesauce cup (1434)	½ c	Peach Cup (1529)	½ c	Mandarin Orange Cup (1506)
		½ c	Peach Cup (1529)		<b>or</b>		<b>or</b>		<b>or</b>
		4 oz	Juice Assorted	1	Cereal (1oz)	1	Cereal (1oz)	1	Cereal (1oz)
		8 oz	Milk Choice Low Fat & FF	1	G Graham (1e)(653)	1	Strawberry Chex (1e)(11430)	1	Bug Bites (1 ea)(631)
				½ c	Applesauce cup (1434)	1	Yogurt (4 oz) (SB 252)(Cherry 255)	½ c	Mandarin Orange Cup (1506)
				½ c	Yogurt (4 oz) (SB 252)(Cherry 255)	½ c	Peach Cup (1529)	4 oz	Yogurt (4 oz) (SB 252)(Cherry 255)
				4 oz	Juice Assorted	4 oz	Juice Assorted	8 oz	Juice Assorted
				8 oz	Milk Choice Low Fat & FF	8 oz	Milk Choice Low Fat & FF		Milk Choice Low Fat & FF