

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
	NO SCHOOL MLK Day	2 oz	Chicken Fillet (4516) w/ Cheese	2 oz	Chicken Nuggets (6 ea)(15150)	2 oz	Lasagna w/Meatsauce (3/4 c)	2 oz	Turkey & Cheese Sand
		2 oz	or Turkey & Cheese Sand	2 oz	or Steak (5145)w/Gravy (1949)	2 oz	or BBQ Rib (2048)	2 oz	or Ham & Cheese Sand
		½ c	Tater Tots (3609)	½ c	Creamed Potatoes (7766)	½ c	Toss Salad (1 c)	½ c	Lettuce & Tomato (1/2 c)
		½ c	Lettuce & Tomato (1 c)	½ c	Peas (7701)	½ c	Green Beans (7534)	½ c	Onion, Pickle Spear (6700)
		½ c	Onion, Pickle Spear (6700)	½ c	Carrots (7480)	½ c	Corn (3356)	½ c	Cucumbers/ Bell Peppers
		½ c	Baked Beans (7719)	½ c	Broccoli (6424)	½ c	Swiss Vegetables (3489)	¼ c	Jalapeno Peppers (3170)
		½ c	Baby Carrots (982)	½ c		½ c		½ c	Baby Carrots (982)
		1 c	Apple (1 ea) (6686)	1 c	Mandarin Orange Cup (1506)	½ c	Pineapple Cup (1508)	½ c	Peach Cup (1504)
		½ c	Peach Cup (1504)	½ c	Tropical Fruit (1502)	½ c	Manager's Choice	½ c	Grapes (14)
		2	HB Bun (17858)	2	Roll (8362)	2	Roll (8362)	2	Hoagie Bun (19009)
		2	Loaf Bread (2270)	2					Chips Assorted
			Ranch Cup(7225), Mustard (3020), Mayo (6881) Ketchup (73)		Ketchup (73), BBQ (6952), Sweet n Sour (6911) Honey Mustard (8865)		Dressing		Ranch Cup(7225), Mustard (3020), Mayo (6881)
		1 ea	2nd Choice Salad Bar (2 ¾ c veg)	1 ea	2nd Choice Salad Bar (2 ¾ c veg)	1 ea	2nd Choice Salad Bar (2 ¾ c veg)	1 ea	2nd Choice Salad Bar (2 ¾ c veg)
		¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)	¾ c	Baked Potato (1 each)
		½ c	Fruit	½ c	Fruit	½ c	Fruit	½ c	Fruit
		2	w/Crackers(6 pk) (11016) (11017)	2	w/Crackers(6 pk) (11016) (11017)	2	w/Crackers(6 pk) (11016) (11017)	2	w/Crackers(6 pk) (11016) (11017)
		2 oz	Croutons (480)	2 oz	Croutons (480)	2 oz	Croutons (480)	2 oz	Croutons (480)
		2 oz	Ham/Turkey/ Chix & Cheese Soup	2 oz	Ham/Turkey/ Chix & Cheese Soup	2 oz	Ham/Turkey/ Chix & Cheese Soup	2 oz	Ham/Turkey/ Chix & Cheese Soup
		1	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G)	1	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G)	1	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G)	1	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G)
		1 c	Salad Bar	1 c	Salad Bar	1 c	Salad Bar	1 c	Salad Bar
		8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
			Breakfast		Breakfast		Breakfast		Breakfast
		2	Chicken & Waffle Sand (12545)	2 oz	Biscuit (2.2oz)(3759)	2	Biscuit (2.2 oz) (3759)	2 oz	Biscuit (2.2oz)(3759)
		½ c	Peach Cup (1504)	½ c	Gravy (F)(1904)	1	Chicken Patty (1.9 oz) (15778)	¼ c	Egg (3726) Bacon(3076)
		1 c	Apple Fresh 1 ea	1ea	Sausage (6662)	½ c	Peach Cup (1529)	½ c	Mandarin Orange Cup (1506)
		1	Cereal (1oz)	½ c	Banana (1ea)	1 c	Apple Fresh 1 ea	½ c	Banana
		1	Strawberry Chex (1ea)	1	Cereal (1oz)	1	Cereal (1oz)	1	Cereal (1oz)
		1	Yogurt (4 oz)	1	Strawberry Chex (1ea)	1	Strawberry Chex (1ea)	1	Strawberry Chex (1ea)
		2	Muffin 1 ea	1	Yogurt (4 oz)	1	Yogurt (4 oz)	½ c	Yogurt (4 oz)
		4 oz	Juice Assorted	½ c	Chocolate Chip Muffin 1 ea	2	Chocolate Chip Muffin 1 ea	2	Chocolate Chip Muffin 1 ea
		8 oz	Milk Choice Low Fat & FF	4 oz	Juice Assorted	4 oz	Juice Assorted	4 oz	Juice Assorted
				8 oz	Milk Choice Low Fat & FF	8 oz	Milk Choice Low Fat & FF	8 oz	Milk Choice Low Fat & FF