

| <u>credit</u> | <u>Monday</u> | <u>credit</u> | <u>Tuesday</u> | <u>credit</u> | <u>Wednesday</u> | <u>credit</u> | <u>Thursday</u> | <u>credit</u> | <u>Friday</u> |
|---------------|--|---------------|---|---------------|--|---------------|--|---------------|---|
| 2oz | Bosco Sticks (4290) w/Marinara Sauce (17218) or | 2 oz | Nacho Grande w/White Cheesesauce (7094) or | 2 oz | Chicken Nuggets (5 ea)(15150) or | 2 oz | Teryaki Chicken (5 ea)(5176) Dippers or | 2 oz | Grilled Chicken (4460) Sandwich or |
| 2oz | Tuna Salad on Loaf Bread | 2 oz | Chicken Fajita (9622) w/White Cheesesauce (7094) | 2 oz | Steak (5145)w/Gravy (1949) | 2 oz | Chicken Pot Pie | 2 oz | Ham & Cheese Wrap |
| ½ c | Toss Salad (1 c) | ½ c | Pinto Beans (7390) | ½ c | Creamed Potatoes (7725) | ½ c | Steamed Broccoli (6424) | ½ c | Lettuce & Tomato (1/2 c) |
| ½ c | Green Beans (7534) | ½ c | Lettuce & Tomato | ½ c | Peas (7701) | ½ c | Corn (3356) | ½ c | Baked Beans (7719) |
| ½ c | Corn (982) | ½ c | Salsa | ½ c | Carrots (7480) | ½ c | Cheesy AuGratin Potatoes (7761) | ½ c | Potato Smiles (3621) (4 ea) |
| ½ c | Baby Carrots (6560) | ½ c | Corn (3356) | ½ c | Veggie Cup | ½ c | Veggie Cup | 1/8 c | Pickle Spear (1ea)(6700) |
| | | | Roasted Mexican Veggies | | | | | 1/8 c | Onion |
| 1 c | Apple (1 ea) | ½ c | Grapes (14) | ½ c | Manadrin Oranges (1534) | ½ c | Grapes (14) | ½ c | Applesauce (906) |
| ½ c | Pears (729) | ½ c | Pears (729) | ½ c | Pineapple Fresh (9428) | ½ c | Slush (10437) | ½ c | Orange Wedges |
| 2 | Loaf Bread (2270) | 2 | Tortilla Chips (57 g)(439) | 2 | Roll (8362) | 2 | Biscuit (3759) | 2 | HB Bun (17858) |
| | Dressing, Ranch Cup(7225) | | Sour Cream (1pk) | | Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911) | | | 2 | Tortilla Shells (5538) |
| | | | | | | | | | Ketchup (73), Mustard (3020), Mayo (6881) |
| 1 ea | 2nd Choice Salad Bar (2 ¾ c veg) | 1 ea | 2nd Choice Salad Bar (2 ¾ c veg) | 1 ea | 2nd Choice Salad Bar (2 ¾ c veg) | 1 ea | 2nd Choice Salad Bar (2 ¾ c veg) | 1 ea | 2nd Choice Salad Bar (2 ¾ c veg) |
| ¾ c | Baked Potato (1 each) | ¾ c | Baked Potato (1 each) | ¾ c | Baked Potato (1 each) | ¾ c | Baked Potato (1 each) | ¾ c | Baked Potato (1 each) |
| ½ c | Fruit | ½ c | Fruit | ½ c | Fruit | ½ c | Fruit | ½ c | Fruit |
| 2 | w/Crackers(6 pk) (11016) | 2 | w/Crackers(6 pk) (11016) | 2 | w/Crackers(6 pk) (11016) | 2 | w/Crackers(6 pk) (11016) | 2 | w/Crackers(6 pk) (11016) |
| | Croutons (1 pk)(42 g)(480) | | Croutons (1 pk)(42 g)(480) | | Croutons (1 pk)(42 g)(480) | | Croutons (1 pk)(42 g)(480) | | Croutons (1 pk)(42 g)(480) |
| 2 oz | Ham/Turkey/ Chix & Cheese Soup | 2 oz | Ham/Turkey/ Chix & Cheese Soup | 2 oz | Ham/Turkey/ Chix & Cheese Soup | 2 oz | Ham/Turkey/ Chix & Cheese Soup | 2 oz | Ham/Turkey/ Chix & Cheese Soup |
| 1 | 3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) | 1 | 3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) | 1 | 3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) | 1 | 3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) | 1 | 3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) |
| 1 c | Salad Bar | 1 c | Salad Bar | 1 c | Salad Bar | 1 c | Salad Bar | 1 c | Salad Bar |
| 8 oz | Milk Choice Variety Low Fat & FF (1 ea) | 8 oz | Milk Choice Variety Low Fat & FF (1 ea) | 8 oz | Milk Choice Variety Low Fat & FF (1 ea) | 8 oz | Milk Choice Variety Low Fat & FF (1 ea) | 8 oz | Milk Choice Variety Low Fat & FF (1 ea) |
| | Breakfast | | Breakfast | | Breakfast | | Breakfast | | Breakfast |
| 2 | Biscuit (2.2 oz) (3759) | 2 | Cheese Stick (2)(12357) | 2 oz | Biscuit (2.2oz)(3759) | 2 | Biscuit (2.2 oz) (3759) | 2 oz | Biscuit (2.2oz)(3759) |
| 1 | Chicken Patty (1.9 oz) (15778) | ½ c | Marinara Sauce (17218) | ¼ c | Gravy (F)(1904) | 1 | Chicken Patty (1.9 oz) (15778) | ¼ c | Egg (3726) Bacon(3076) |
| ½ c | Peach Cup (1529) | ½ c | Applesauce cup (1434) | 1ea | Sausage (6662) | ½ c | Peach Cup (1529) | ½ c | Mandarin Orange Cup (1506) |
| 1 c | Apple Fresh 1 ea | ½ c | Banana 1 ea | ½ c | Banana (1ea) | 1 c | Apple Fresh 1 ea | ½ c | Banana |
| 1 | Cereal (1oz) | 1 | Cereal (1oz) | 1 | Cereal (1oz) | 1 | Cereal (1oz) | 1 | Cereal (1oz) |
| 1 | Strawberry Chex (1ea) | 1 | Strawberry Chex (1ea) | 1 | Strawberry Chex (1ea) | 1 | Strawberry Chex (1ea) | 1 | Strawberry Chex (1ea) |
| 1 | Yogurt (4 oz) | ½ c | Yogurt (4 oz) | 1 | Yogurt (4 oz) | 1 | Yogurt (4 oz) | ½ c | Yogurt (4 oz) |
| 2 | Chocolate Chip Muffin 1 ea | ½ c | Chocolate Chip Muffin 1 ea | ½ c | Chocolate Chip Muffin 1 ea | 2 | Chocolate Chip Muffin 1 ea | 2 | Chocolate Chip Muffin 1 ea |
| 4 oz | Juice Assorted | 4 oz | Juice Assorted | 4 oz | Juice Assorted | 4 oz | Juice Assorted | 4 oz | Juice Assorted |
| 8 oz | Milk Choice Low Fat & FF | 8 oz | Milk Choice Low Fat & FF | 8 oz | Milk Choice Low Fat & FF | 8 oz | Milk Choice Low Fat & FF | 8 oz | Milk Choice Low Fat & FF |