

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
		2 oz	Hamburger (4808)	2.75 oz	Zesty Orange (6899) Chicken (6 ea)(4464)	2 oz	Turkey & Cheese Sand	2 oz	Turkey w/Gravy (1899) or
		2 oz	Pimento Cheese Sandwich	2 oz	Pork Loin (2ea) (4996)	2 oz	Ham & Cheese Sand	2 oz	Meat Loaf (4916)
	No School MLK Day	½ c ½ c ½ c ½ c ½ c	Tater Tots (3609) Lettuce & Tomato (1 c) Onion, Pickle Spear (6700) Baked Beans (7719) Celery	½ c ½ c ½ c ½ c 1ea	Potato Smiles (5 ea)(3621) Stir Fry Veggies (9501) Baby Carrots Toss Salad (3/4 c) Fortune Cookie (17730)	½ c ½ c ½ c ¼ c ½ c	Lettuce & Tomato (1/2 c) Onion, Pickle Spear (6700) Cucumbers/ Bell Peppers Jalapeno Peppers (3170) Baby Carrots (982)	½ c ½ c ½ c ½ c	Creamed Potatoes (7725) Peas (7011) Sweet Potatoes (7774) Broccoli
		1 c ½ c	Apple (1 ea) Peaches (1526)	½ c ½ c	Manadrin Oranges (1534) Pears (729)	½ c ½ c	Peaches (1504) Grapes (14)	½ c ½ c	Manadrin Oranges (1534) Pineapple Fresh (9428)
		2 2	HB Bun (17858) Loaf Bread (2270)	2 1	Roll (8362) Fried Rice (17951)(1/2 c)	2	Hoagie Bun (19009) Chips Assorted	2 2	Roll (8362) Dressing
			Ranch Cup(7225), Mustard (3020), Mayo (6881)		Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911)		Ranch Cup(7225), Mustard (3020), Mayo (6881)		
		1 ea ¾ c ½ c 2 2 oz	2nd Choice Salad Bar (2 ¾ c veg) Baked Potato (1 each) Fruit w/Crackers(6 pk) (11016) Croutons (1 pk)(42 g)(480) Ham/Turkey/ Chix & Cheese Soup	1 ea ¾ c ½ c 2 2 oz	2nd Choice Salad Bar (2 ¾ c veg) Baked Potato (1 each) Fruit w/Crackers(6 pk) (11016) Croutons (1 pk)(42 g)(480) Ham/Turkey/ Chix & Cheese Soup	1 ea ¾ c ½ c 2 2 oz	2nd Choice Salad Bar (2 ¾ c veg) Baked Potato (1 each) Fruit w/Crackers(6 pk) (11016) Croutons (1 pk)(42 g)(480) Ham/Turkey/ Chix & Cheese Soup	1 ea ¾ c ½ c 2 2 oz	2nd Choice Salad Bar (2 ¾ c veg) Baked Potato (1 each) Fruit w/Crackers(6 pk) (11016) Croutons (1 pk)(42 g)(480) Ham/Turkey/ Chix & Cheese Soup
		1 1 c	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) Salad Bar	1 1 c	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) Salad Bar	1 1 c	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) Salad Bar	1 1 c	3rd Choice Pizza (4.65 oz) (2 M/Ma & 2 G) Salad Bar
		8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
			Breakfast		Breakfast		Breakfast		Breakfast
		2 1 ½ c 1 1 1 1 1 c 4 oz 8 oz	Biscuit (2.51 oz) (13737) Chicken Patty (1.9 oz) (15778) Peach Cup (1529) Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Muffin 2 oz Apple 1 ea Juice Assorted Milk Choice Low Fat & FF	2 .5 ½ c 1 1 1 1 1 c 4 oz 8 oz	Biscuit (2.51oz)(13737) Sausage (1904) Banana (1ea) Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Muffin 2 oz Apple 1 ea Juice Assorted Milk Choice Low Fat & FF	2 1 ½ c 1 1 1 1 1 c 4 oz 8 oz	Biscuit (2.51 oz) (13737) Chicken Patty (1.9 oz) (15778) Peach Cup (1529) Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Muffin 2 oz Apple 1 ea Juice Assorted Milk Choice Low Fat & FF	2 2 ½ c 1 1 1 1 1 c 4 oz 8 oz	Biscuit (2.51oz)(13737) Cheddar Cheese Omelet (3617) Mandarin Orange Cup (1506) Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Muffin 2 oz Apple 1 ea Juice Assorted Milk Choice Low Fat & FF