

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
2 oz	Personal Pan Pizza (5136) or	2 oz	Chicken Rings (5 ea)(4737) or	2 oz	Chili or	2 oz	Poppy Seed Chicken Casserole or	2 oz	Corn Dog (4676) (1 ea) or
2 oz	Chicken Salad Sandwich	2 oz	Steak (5145)w/Gravy (1949)	2 oz	Hot Dog (4601) Cheese Slices	2 oz	Meat Loaf (4916)	1oz	Chicken Quesadilla (8860)(1 ea)
8	Toss Salad (1/2 c) Green Beans (7534) Corn (3356) Celery	¼ c ¼ c ¼ c ¼ c	Creamed Potatoes (7725) Peas (7701) Carrots (7480) Broccoli (6424)	¼ c ¼ c ¼ c ¼ c	Spicy Fries (3703) Cole Slaw Broccoli Salad Tuscan Vegetable (3239)	¼ c ¼ c ¼ c ¼ c	Creamed Potatoes (7725) Green Beans (7534) Sweet Potatoes Cole Slaw	¼ c ¼ c ¼ c ¼ c	Lettuce & Tomato (1/2 c) Refried Beans(7429) w/Cheese Savory Bites (3576) Salsa
1 c ½ c	Apple (1 ea) Peaches (1526)	½ c	Manadrin Oranges (1534) Sugar Cookie (3677)	1 c ½ c	Pineapple Fresh (9428) Pears (729)	½ c ½ c	Grapes (14) Applesauce (906)	½ c ½ c	Banana (1 ea) Slush (6330)
2	Loaf Bread (2270)	2	Roll (8362)	2 2	Saltine Crackers (4 pks)(415) Hot Dog Bun (17830)	2	Roll (8362)	2 1	
	Dressing, Ranch Cup(7225)		Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911)		Ranch Cup(7225), Mustard(3020), Ketchup (73)				Ketchup (73), Mustard (3020), Sour Cream (7048)
1 ea ½ c 1.75 2 oz	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) Ham/Turkey/Chix & Cheese	1 ea ½ c 1.75 2 oz	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) Ham/Turkey/Chix & Cheese	1 ea ½ c 1.75 2 oz	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) Ham/Turkey/Chix & Cheese	1 ea ½ c 1.75 2 oz	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) Ham/Turkey/Chix & Cheese	1 ea ½ c 1.75 2 oz	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) Ham/Turkey/Chix & Cheese
8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
	Breakfast		Breakfast		Breakfast		Breakfast		Breakfast
2 1 ½ c	Pancake/Sausage on stick (14608) Yogurt Peach Cup (1529) or	2 1 ½ c	Biscuit (2.2 oz) (3759) Sausage (1ea) (6662) Applesauce cup (1434) or	2 oz ¼ c ½ c	Biscuit (2.2oz)(3759) Gravy (F)(1904) Banana (1ea) or	2 1 ½ c	Biscuit (2.2 oz) (3759) Chicken Patty (1.9 oz) (15778) Peach Cup (1529) or	2 oz ¼ c ½ c	Biscuit (2.2oz)(3759) Egg (3726) Bacon(3076) Mandarin Orange Cup (1506) or
1 1 1 ½ c 4 oz 8 oz	Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Peach Cup (1529) Juice Assorted Milk Choice Low Fat & FF	1 1 ½ c ½ c 4 oz 8 oz	Cereal (1oz) G Graham (1e) Applesauce cup (1434) Yogurt (4 oz) Juice Assorted Milk Choice Low Fat & FF	1 1 ½ c 4 oz 8 oz	Cereal (1oz) Scooby Doo (1 ea) Banana (1ea) Yogurt (4 oz) Juice Assorted Milk Choice Low Fat & FF	1 1 1 ½ c 4 oz 8 oz	Cereal (1oz) Strawberry Chex (1e) Yogurt (4 oz) Peach Cup (1529) Juice Assorted Milk Choice Low Fat & FF	1 1 ½ c 4 oz 8 oz	Cereal (1oz) Bug Bites (1 ea) Mandarin Orange Cup (1506) Yogurt (4 oz) Juice Assorted Milk Choice Low Fat & FF