

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
2 oz	Grilled Chicken (4460) Sand.		No School	2oz	Nacho Grande w/White Cheesesauce (7094)	2 oz	Chicken Nuggets (15150)(5 ea)	2 oz	Meat Loaf (4916)
	or			2 oz	Chicken Fajita (9622) w/White Cheesesauce		or		or
2 oz	Beef Burrito (5725)					2 oz	BBQ Ribs (2048) (1 ea)	2 oz	BBQ Chicken Bites(2046)(4 ea)
½ c	Potato Smiles (3621)(4 ea)			½ c	Pinto Beans (7390)	¼ c	Creamed Potatoes (7766)	¼ c	Creamed Potatoes (7766)
¼ c	Lettuce & Tomato (1/2 c)			¼ c	Lettuce & Tomato	¼ c	Peas (7701)	¼ c	Steamed Broccoli
¼ c	Baked Beans (7719)			¼ c	Salsa	¼ c	Carrots (7480)	¼ c	Green Beans (7534)
¼ c	Celery Sticks			¼ c	Corn (3356)	¼ c	Fresh Broccoli	¼ c	Cherry Tomatoes
1/8 c	Pickle Spears (6700) (1 ea)			¼ c	Roasted Mexican Veggies				
½ c	Peaches (724)			½ c	Pineapples (1591)	½ c	Mandarin Oranges (1534)	½ c	Pears (729)
½ c	Grapes (14)			1 c	Apple (1 ea)	½ c	Applesauce (906)	½ c	Strawberries
2	HB Bun (17858)			2.25	Tortilla Chips (57g)(439)	2	Roll (8362)	2	Roll (8362)
	Ranch Cup(7225), Ketchup (73) Mustard (3020), Mayo (6881)				Sour Cream (1pk),		Ketchup (73), Ranch Cup(7225)		Ranch Cup(7225)
	2nd Choice				2nd Choice		2nd Choice		2nd Choice
1 ea	Chef Salad (2 ¼ c veg)			1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)
½ c	Fruit cup			½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup
1.75	w/Crackers (32.5 g =5 pks)(11016) & Croutons (7g = 1 pk) (480)			1.75	w/Crackers (32.5 g=5pks)(11016) & Croutons (7g = 1 pk) (480)	1.75	w/Crackers(32.5 g=5pks)(11016) & Croutons (7g = 1 pk) (480)	1.75	w/Crackers(32.5 g =5 pks)(11016) & Croutons (7g = 1 pk) (480)
2 oz	Ham/Turkey/Chix & Cheese			2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese
8 oz	Milk Choice Variety Low Fat & FF (1 ea)			8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
	Breakfast				Breakfast		Breakfast		Breakfast
2	Pancake/Sausage on stick (14608)			2	Biscuit (2.2 oz) (3759)	2 oz	Biscuit (2.2oz)(3759)	2	Biscuit (2.2 oz) (3759)
1	Yogurt			1	Sausage (1ea) (6662)	¼ c	Gravy (F)(1904)	1	Chicken Patty (1.9 oz) (15778)
½ c	Peach Cup (1529)			½ c	Applesauce cup (1434)	½ c	Banana (1ea)	½ c	Peach Cup (1529)
	or				or		or		or
1	Cereal (1oz)			1	Cereal (1oz)	1	Cereal (1oz)	1	Cereal (1oz)
1	Strawberry Chex (1e)			1	G Graham (1e)	1	Scooby Doo (1 ea)	1	Strawberry Chex (1e)
1	Yogurt (4 oz)			½ c	Applesauce cup (1434)	½ c	Banana (1ea)	1	Yogurt (4 oz)
½ c	Peach Cup (1529)			½ c	Yogurt (4 oz)	4 oz	Yogurt (4 oz)	½ c	Peach Cup (1529)
4 oz	Juice Assorted			4 oz	Juice Assorted	8 oz	Juice Assorted	4 oz	Juice Assorted
8 oz	Milk Choice Low Fat & FF			8 oz	Milk Choice Low Fat & FF		Milk Choice Low Fat & FF	8 oz	Milk Choice Low Fat & FF