

| <u>credit</u> | <u>Monday</u>  | <u>credit</u> | <u>Tuesday</u>   | <u>credit</u> | <u>Wednesday</u>   | <u>credit</u> | <u>Thursday</u>  | <u>credit</u> | <u>Friday</u>  |
|---------------|--|---------------|--|---------------|--|---------------|--|---------------|--|
| 2 oz          | Chicken Fillet (4516)<br><br><b>or</b>                       | 2 oz          | Corn Dog (4676) (1 ea)<br><br><b>or</b>                      | 2.5 oz        | Zesty Orange (6899)<br>Chicken (5 ea)(4464)<br><br><b>or</b> | 2 oz          | Ham & Cheese Sand<br><br><b>or</b>                           | 2 oz          | Turkey w/Gravy (1899)<br><br><b>or</b>                       |
| 2 oz          | Tukey & Cheese Sandwich                                      | 1oz           | Chicken Quesadilla (8860)(1 ea)                              | 2 oz          | Pork Loin (2ea) (4996)                                       | 2 oz          | Turkey & Cheese Sand   | 2 oz          | Meat Loaf (4916)   |
| ¼ c           | Tater Tots (3609)  | ¼ c           | Lettuce & Tomato (1/2 c)                                     | ½ c           | Potato Smiles (4 ea)(3621)                                   | ¼ c           | Lettuce & Tomato (1/2 c)                                     | ¼ c           | Creamed Potatoes (7725)                                      |
| ¼ c           | Lettuce & Tomato (1/2 c)                                     | ¼ c           | Refried Beans(7429) w/Cheese                                 | ¼ c           | Stir Fry Veggies (9501)                                      | ¼ c           | Onion, Pickle Spear (6700)                                   | ¼ c           | Peas (7701)  |
| ¼ c           | Onion, Pickle Spear (6700)                                   | ¼ c           | Savory Bites (3576)  | ¼ c           | Baby Carrots (6560)  | ¼ c           | Cucumbers/ Bell Peppers                                      | ¼ c           | Sweet Potatoes (7774)  |
| ¼ c           | Baked Beans (7719)   | ¼ c           | Salsa  | ¼ c           | Toss Salad (1/2 c)   | ¼ c           | Jalapeno Peppers (3170)                                      | ¼ c           | Broccoli   |
| ¼ c           | Celery   |               |  | 1 ea          | Fortune Cookie (17730)                                       | ¼ c           | Baby Carrots (6560)  |               |  |
| 1 c           | Apple (1 ea)   | ½ c           | Banana (1 ea)  | ½ c           | Pears (729)  | ½ c           | Peaches (1504)   | ½ c           | Pineapples (1588)  |
| ½ c           | Peaches (1526)   | ½ c           | Slush (6330)   | ½ c           | Mandarin Oranges (1534)                                      | ½ c           | Grapes (14)  | ½ c           | Applesauce (906)   |
| 2             | HB Bun (17858)   | 2             |  | 2             | Roll (8362)  | 2             | Hoagie Bun (19009)   | 2             | Roll (8362)  |
| 2             | Loaf Bread (2270)  | 1             |  | 1             | Fried Rice (17951) (½ c)                                     |               | Chips Assorted   | 2             | Dressing   |
|               | Ranch Cup(7225), Mustard (3020), Mayo (6881)                 |               | Ketchup (73), Mustard (3020), Sour Cream (7048)              |               | Ketchup (73),  |               | Ranch Cup(7225), Mustard (3020), Mayo (6881)                 |               |  |
| 1 ea          | <b>2nd Choice</b><br>Chef Salad (2 ¼ c veg)                  | 1 ea          | <b>2nd Choice</b><br>Chef Salad (2 ¼ c veg)                  | 1 ea          | <b>2nd Choice</b><br>Chef Salad (2 ¼ c veg)                  | 1 ea          | <b>2nd Choice</b><br>Chef Salad (2 ¼ c veg)                  | 1 ea          | <b>2nd Choice</b><br>Chef Salad (2 ¼ c veg)                  |
| ½ c           | Fruit cup  | ½ c           | Fruit cup  | ½ c           | Fruit cup  | ½ c           | Fruit cup  | ½ c           | Fruit cup  |
| 1.75          | w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) | 1.75          | w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) | 1.75          | w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) | 1.75          | w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) | 1.75          | w/Crackers (39 g =6 pks)(11016) & Croutons (7g = 1 pk) (480) |
| 2 oz          | Ham/Turkey/Chix & Cheese                                     | 2 oz          | Ham/Turkey/Chix & Cheese                                     | 2 oz          | Ham/Turkey/Chix & Cheese                                     | 2 oz          | Ham/Turkey/Chix & Cheese                                     | 2 oz          | Ham/Turkey/Chix & Cheese                                     |
| 8 oz          | Milk Choice Variety Low Fat & FF (1 ea)                      | 8 oz          | Milk Choice Variety Low Fat & FF (1 ea)                      | 8 oz          | Milk Choice Variety Low Fat & FF (1 ea)                      | 8 oz          | Milk Choice Variety Low Fat & FF (1 ea)                      | 8 oz          | Milk Choice Variety Low Fat & FF (1 ea)                      |
|               | <b>Breakfast</b>   |               | <b>Breakfast</b>   |               | <b>Breakfast</b>   |               | <b>Breakfast</b>   |               | <b>Breakfast</b>   |
| 2             | Pancake/Sausage on stick (14608)                             | 2             | Biscuit (2.2 oz) (3759)                                      | 2 oz          | Biscuit (2.2oz)(3759)  | 2             | Biscuit (2.2 oz) (3759)                                      | 2 oz          | Biscuit (2.2oz)(3759)  |
| 1             | Yogurt   | 1             | Sausage (6662)   | ¼ c           | Gravy (F)(1904)  | 1             | Chicken Patty (1.9 oz) (15778)                               | ¼ c           | Egg (3726) Bacon(3076)                                       |
| ½ c           | Peach Cup (1529)<br><br><b>or</b>                            | ½ c           | Peach Cup (1529)<br><br><b>or</b>                            | ½ c           | Banana (1ea)<br><br><b>or</b>                                | ½ c           | Peach Cup (1529)<br><br><b>or</b>                            | ½ c           | Mandarin Orange Cup (1506)<br><br><b>or</b>                  |
| 1             | Cereal (1oz)   | 1             | Cereal (1oz)   | 1             | Cereal (1oz)   | 1             | Cereal (1oz)   | 1             | Cereal (1oz)   |
| 1             | Strawberry Chex (1e)   | 1             | Strawberry Chex (1e)   | 1             | Scooby Doo (1 ea)  | 1             | Strawberry Chex (1e)   | 1             | Bug Bites (1 ea)   |
| 1             | Yogurt (4 oz)  | 1             | Yogurt (4 oz)  | ½ c           | Banana (1ea)   | 1             | Yogurt (4 oz)  | ½ c           | Mandarin Orange Cup (1506)                                   |
| ½ c           | Peach Cup (1529)   | ½ c           | Peach Cup (1529)   | 4 oz          | Yogurt (4 oz)  | ½ c           | Peach Cup (1529)   | 4 oz          | Yogurt (4 oz)  |
| 4 oz          | Juice Assorted   | 4 oz          | Juice Assorted   | 8 oz          | Juice Assorted   | 4 oz          | Juice Assorted   | 8 oz          | Juice Assorted   |
| 8 oz          | Milk Choice Low Fat & FF                                     | 8 oz          | Milk Choice Low Fat & FF                                     | 8 oz          | Milk Choice Low Fat & FF                                     | 8 oz          | Milk Choice Low Fat & FF                                     | 8 oz          | Milk Choice Low Fat & FF                                     |