

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u> <u>Thanksgiving Meal</u>	<u>credit</u>	<u>Friday</u>
2 oz	Hamburger (4808)	2 oz	Chicken Rings (5 ea) (4737)	2 oz	Spaghetti w/Meatsauce (3/4 c)	2 oz	Turkey w/Gravy (1899)	2 oz	Corn Dog (4676) (1 ea)
	or		or		or		or		or
2 oz	Pimento Cheese Sandwich	2 oz	Meat Loaf (4916)	2 oz	Beanie Wieners (3/4 cup)	2 oz	Meat Loaf (4916)	2oz	Chicken Quesadilla (8860)(1 ea)
¼ c	French Fries (3562)	¼ c	Creamed Potatoes (7766)	¼ c	Toss Salad (1/2 c)	¼ c	Creamed Potatoes (7766)	¼ c	Lettuce & Tomato (1/2 c)
¼ c	Lettuce & Tomato (1/2 c)	¼ c	Peas (7701)	¼ c	Green Beans (7534)	¼ c	Green Beans (7534)	¼ c	Refried Beans(19400) w/Cheese
¼ c	Onion, Pickle Spear (6700)	¼ c	Carrots (7480)	¼ c	Corn (3356)	¼ c	Sweet Potatoes	¼ c	Savory Bites (3576)
¼ c	Baked Beans (7719)	¼ c	Broccoli (6424)	¼ c	Swiss Vegetables (3489)			¼ c	Salsa
¼ c	Celery								
1 c	Apple (1 ea) (6686)	½ c	Pears (729)	½ c	Pineapples (1588)	½ c	Manager’s Choice	½ c	Silly Applesauce (906)
½ c	Peaches (724)	½ c	Slush (10437)	½ c	Mandarin Oranges (1534)	½ c	Peaches (724)	½ c	Mixed Fruit (1505)
2	HB Bun (17858)	1.5	Roll (8140)	2	Bosco Stick (1ea)(4290)	1.5	Roll (8140)	2	
2	Loaf Bread (2270)					½ c	Dressing (466)	2	
	Ranch Cup(7225), Mustard (3020), Mayo (6881)		Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911) Honey Mustard (8865)		Dressing				Ketchup (73), Mustard (3020), Sour Cream (7048)
	<u>2nd Choice</u>		<u>2nd Choice</u>		<u>2nd Choice</u>		<u>2nd Choice</u>		<u>2nd Choice</u>
1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)	1 ea	Chef Salad (2 ¼ c veg)
½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup	½ c	Fruit cup
2	w/Crackers (6 pks)(11017)	2	w/Crackers (6 pks)(11017)	2	w/Crackers (6 pks)(11017)	2	w/Crackers (6 pks)(11017)	2	w/Crackers (6 pks)(11017)
2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese	2 oz	Ham/Turkey/Chix & Cheese
¼ c	Black Beans & Corn	¼ c	Black Beans & Corn	¼ c	Black Beans & Corn	¼ c	Black Beans & Corn	¼ c	Black Beans & Corn
8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
	<u>Breakfast</u>		<u>Breakfast</u>		<u>Breakfast</u>		<u>Breakfast</u>		<u>Breakfast</u>
1	Cereal (1oz)	2	Biscuit (2.2 oz) (3759)	2 oz	Biscuit (2.2oz)(3759)	2	Biscuit (2.2 oz) (3759)	2 oz	Biscuit (2.2oz)(3759)
1	Pancake & Sausage on Stick (14608)	1	Sausage (1ea) (4754)	¼ c	Gravy (F)(1904)	1	Chicken Patty (1.9 oz) (15778)	¼ c	Egg (3726) Bacon(3076)
1	w/Syrup ((7302)	½ c	Applesauce cup (1434)	½ c	Banana (1ea)(9404)	½ c	Peach Cup (1529)	½ c	Mandarin Orange Cup (1506)
½ c	Yogurt (4 oz) (SB 252)(Cherry 255)	or	or	or	or	or	or	or	or
4 oz	Peach Cup (1529)	1	Cereal (1oz)	1	Cereal (1oz)	1	Cereal (1oz)	1	Cereal (1oz)
8 oz	Juice Assorted	1	G Graham (1e)(653)	1	Scooby Doo (1 ea)(548)	1	Strawberry Chex (1e)(11430)	1	Bug Bites (1 ea)(631)
	Milk Choice Low Fat & FF	½ c	Applesauce cup (1434)	½ c	Banana (1ea)(9404)	1	Yogurt (4 oz) (SB 252)(Cherry 255)	½ c	Mandarin Orange Cup (1506)
		½ c	Yogurt (4 oz) (SB 252)(Cherry 255)	4 oz	Yogurt (4 oz) (SB 252)(Cherry 255)	½ c	Peach Cup (1529)	4 oz	Yogurt (4 oz) (SB 252)(Cherry 255)
		4 oz	Juice Assorted	8 oz	Juice Assorted	4 oz	Juice Assorted	8 oz	Juice Assorted
		8 oz	Milk Choice Low Fat & FF		Milk Choice Low Fat & FF	8 oz	Milk Choice Low Fat & FF		Milk Choice Low Fat & FF