

<u>credit</u>	<u>Monday</u>	<u>credit</u>	<u>Tuesday</u>	<u>credit</u>	<u>Wednesday</u>	<u>credit</u>	<u>Thursday</u>	<u>credit</u>	<u>Friday</u>
	NO School MLK Day	1.5 oz 2 oz	Chicken Fillet (4516) or Turkey & Cheese Sand	2 oz 2 oz	Chicken Nuggets (5 ea)(15150) or Steak (5145)w/Gravy (1949)	2 oz 2 oz	Spaghetti w/Meatsauce (3/4 c) or Beanie Wieners (3/4 cup)	2 oz 2 oz	Turkey & Cheese Sand or Ham & Cheese Sand
		¼ c ¼ c ¼ c ¼ c ¼ c	Tater Tots (3609) Lettuce & Tomato (1/2 c) Onion, Pickle Spear (6700) Baked Beans (7719) Baby Carrots (6560)	¼ c ¼ c ¼ c ¼ c	Creamed Potatoes (7766) Peas (7701) Carrots (7480) Broccoli (6424)	¼ c ¼ c ¼ c ¼ c	Toss Salad (1/2 c) Green Beans (7534) Corn (3356) Swiss Vegetables (3489)	¼ c ¼ c ¼ c ¼ c	Lettuce & Tomato (1/2 c) Onion, Pickle Spear (6700) Cucumbers/ Bell Peppers Jalapeno Peppers (3170) Baby Carrots (6560)
		1 c ½ c	Apple (1 ea) (6686) Peaches (724)	½ c ½ c	Mandarin Oranges (1534) Tropical Fruit (1502)	½ c ½ c	Pineapples (1588) Manager’s Choice	½ c ½ c	Peaches (1504) Grapes (14)
		2 2	HB Bun (17858) Loaf Bread (2270)	1.5	Roll (8140)	2	Bosco Stick (1)(4290)	2	Hoagie Bun (19009) Chips Assorted
			Ranch Cup(7225), Mustard (3020), Mayo (6881) Ketchup (73)		Ketchup (73), BBQ Sauce (6952), Sweet n Sour (6911)		Dressing		Ranch Cup(7225), Mustard (3020), Mayo (6881)
		1 ea ½ c 2 2 oz ¼ c	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (6 pks)(11017) Ham/Turkey/Chix & Cheese Black Beans & Corn	1 ea ½ c 2 2 oz ¼ c	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (6 pks)(11017) Ham/Turkey/Chix & Cheese Black Beans & Corn	1 ea ½ c 2 2 oz ¼ c	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (6 pks)(11017) Ham/Turkey/Chix & Cheese Black Beans & Corn	1 ea ½ c 2 2 oz ¼ c	2nd Choice Chef Salad (2 ¼ c veg) Fruit cup w/Crackers (6 pks)(11017) Ham/Turkey/Chix & Cheese Black Beans & Corn
		8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)	8 oz	Milk Choice Variety Low Fat & FF (1 ea)
			Breakfast		Breakfast		Breakfast		Breakfast
		1 1 1 ½ c 4 oz 8 oz	Cereal (1oz) French Toast (13620) w/Syrup ((7302) Yogurt (4 oz) (SB 252)(Cherry 255) Peach Cup (1529) Juice Assorted Milk Choice Low Fat & FF	2 1 ½ c 1 1 ½ c ½ c 4 oz 8 oz	Biscuit (2.2 oz) (3759) Sausage (1ea) (4754) Applesauce cup (1434) or Cereal (1oz) G Graham (1e)(653) Applesauce cup (1434) Yogurt (4 oz) (SB 252)(Cherry 255) Juice Assorted Milk Choice Low Fat & FF	2 1 ½ c 1 1 ½ c 4 oz 8 oz	Biscuit (2.2 oz) (3759) Chicken Patty (1.9 oz) (15778) Peach Cup (1529) or Cereal (1oz) Strawberry Chex (1e)(11430) Yogurt (4 oz) (SB 252)(Cherry 255) Peach Cup (1529) Juice Assorted Milk Choice Low Fat & FF	2 oz ¼ c ½ c 1 1 ½ c 4 oz 8 oz	Biscuit (2.2oz)(3759) Egg (3726) Bacon(3076) Mandarin Orange Cup (1506) or Cereal (1oz) Bug Bites (1 ea)(631) Mandarin Orange Cup (1506) Yogurt (4 oz) (SB 252)(Cherry 255) Juice Assorted Milk Choice Low Fat & FF